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488-1430

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888-9505

Roy Rosario

Member-at-Large

988-5085

Jessica Manglona

Member-at-Large

929-4136

### Email

[sinaguam@gmail.com](mailto:sinaguam@gmail.com)

### Contact number

685-7807

# SiñA

**Self-Advocates in Action**



*"Nothing about us, without us"*

# Our History

SiñA grew out of self-advocacy workshops beginning September 2009. Seasoned self-advocates were trained to facilitate workshop trainings and mentor participants in completing their self-advocacy projects.

This process facilitated the bonding of self-advocates into a group dubbed as, “The SuperFriends”. As an informal group, the SuperFriends engaged in social networking, provided peer support and mentoring, provided formal input in regards to policy and directorship of agencies, conducted forums for agency heads and policy makers, expanded the pool of trained facilitators, and with empowerment expanded participation and membership on boards and councils and built bridges with agencies, providing solutions to overcome barriers to services.

*“SiñA 7a Choque”*

# Our Mission

Self-Advocates in Action is to promote self-advocacy for people with disabilities by assisting, educating, forming alliances and participating together to further strengthen efforts to accomplish individual goals to improve one’s quality of life; to experience self determination, to choose and decide for one’s self; to speak up to empower one’s self; to promote and protect one’s dignity; and to educate each other, members of the community, and public servants on issues that are important to us.

## About us

Self Advocates in Action, a 501 © 3 non-profit charitable and educational organization consists of individuals with all types of disabilities and their families. SiñA is an acronym for a Chamorro word meaning “can do” or “it is possible”.